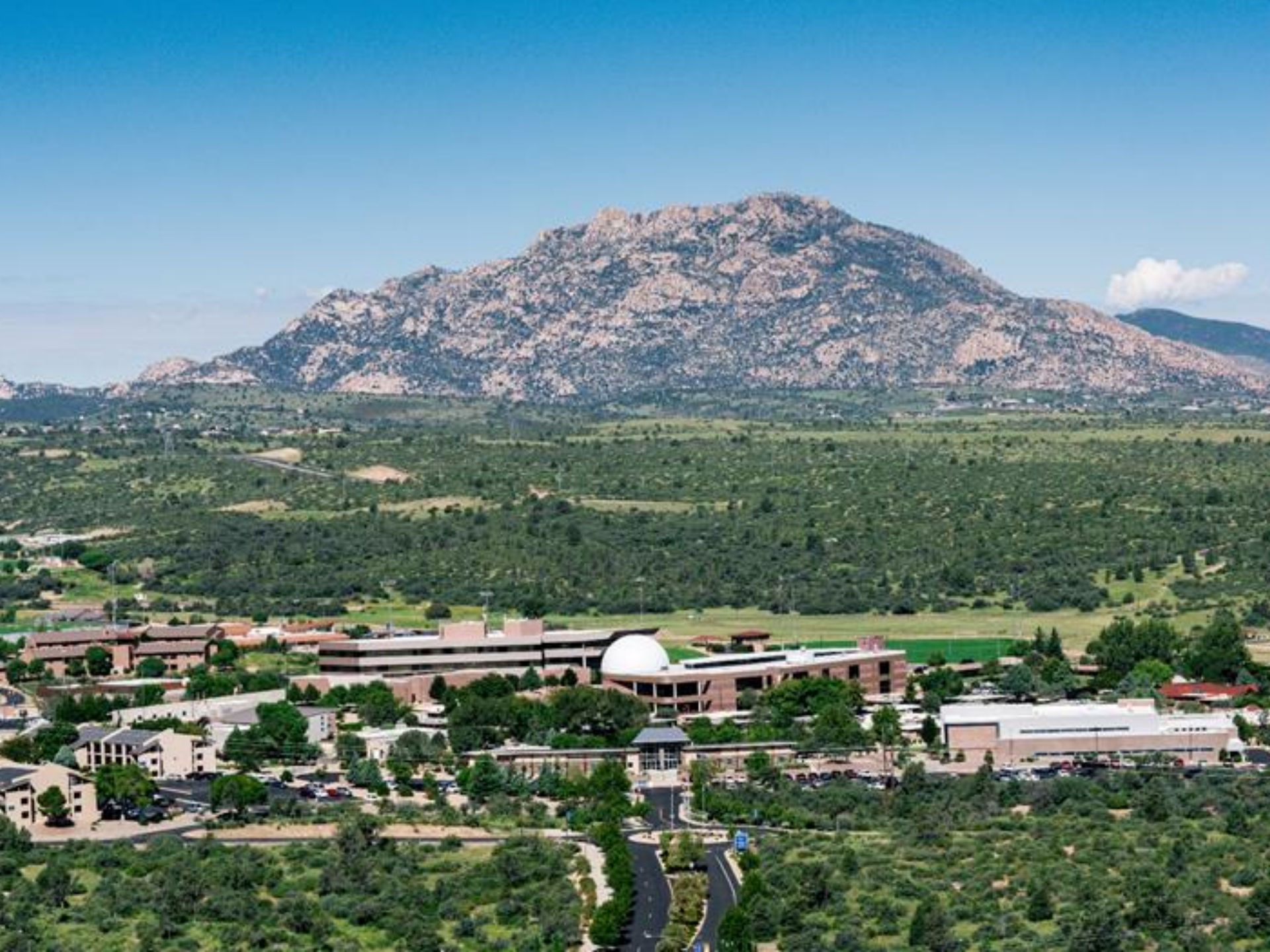


Welcome Parents, Families, and Guests

Fall 2019 Orientation

Dr. Rhondie Voorhees, Dean of Students







LETTING GO WHILE HOLDING ON:

A Guide for Effective
Parent and Family Support for
Today's College Student



GOALS

To prepare you for:

- What your student will be experiencing
- What you, as a parent or family member of a college student, are about to experience

To understand the team relationship between:

- Your student
- You, as parents and families
- The Embry-Riddle staff and faculty





STEM and AC-1



PROCESS OF LETTING GO...

- No guidelines
- Range of reactions
- They want us when they want us
- Conflicting feelings
- Boundary ambiguity
- Expectations: Can be large-scale and grandiose
- Shared hopes and goals; nature of success and self-reliance often different





PROCESS OF LETTING GO...

- Feelings of dislocation and loss
- Time of transition for students, parents, and families
- You can be better prepared because you have:
 - An awareness of what to expect
 - The insight that what you are experiencing is shared by most students, parents, and families
 - Information about what assistance is available to your student – and you



NOTION OF WHAT CONSTITUTES SUCCESS/SELF-RELIANCE



- Although the goal of independence is valued, the actual steps toward independence are likely to make some family members nervous
- Intellectual exploration tends to threaten established family values and ideas about life's meanings
- Sudden shifts in behavior and attitudes are confusing
- Students often complain to their peers, and occasionally to university mentors, about pressures, misunderstandings, and their longing for their parents and families to accept them as separate adults





REMIND YOURSELF...

“Growing up is a **process**, not an event.”

~ Paul B. Jamison

“You know your children are growing up when they stop asking you where they came from and refuse to tell you where they're going.”

~ P. J. O'Rourke



Village Complex



SOME THINGS CHANGE: COLLEGE LIFE TODAY



- Movement away from “in loco parentis”
- Philosophy: 18-year-olds are adults
- Family Educational Rights and Privacy Act (FERPA)
 - Privacy of student records; restricts access to non-directory information
- College campuses mirror issues of society
- Clery Act, Title IX, increased federal and state regulation and expectations of higher education



WHAT'S ON MY STUDENT'S MIND...





CRITICAL ISSUES

- Time management
- Roommate issues
- Academic performance
- Financial obligations and money management
- Personal health
- Alcohol and other drugs
- Healthy relationships and sexual misconduct
- Driving safety





Flight Line

MINIMIZING COSTS OF ATTENDANCE



Identify “*Needs*” vs. “*Wants*”

Borrow only enough to cover necessities

- Borrow only what you are willing to repay over the next 10-15 years:



VS.



Graduate in the least amount of time

- Consider summer term attendance and/or online courses;
Make sure the credits are transferrable



FINANCIAL NEEDS VS. WANTS



Needs

Necessities for everyday living and goal attainment:

- Everyday “student” needs – not wants
- Educational costs (tuition, fees, and equipment)
- Housing
- Food
- Transportation (minimal)
- Entertainment (moderate)

Wants

Wait until after graduation, a job, and an income:

Avoid excessive:

- Trips home or costly destinations (Vegas)
- Meals out
- Credit card interest
- Online subscriptions or other services that cost \$\$\$
- Big purchases





RESIDENCE HALL LIVING

Most students are experiencing roommates, shared living, and responsibility for being on their own for the first time in their lives!



Thumb Butte Apartments



Hazy Library and Learning Center



ERAU OPPORTUNITIES THAT SUPPORT ACADEMIC SUCCESS:



- Small class size
- World-renowned faculty with real experience in industry
- Access to faculty during office hours
- Motivated peers
- Excellent academic resources
- Academic advisors/course planning
- Free tutoring available
- Internships and cooperative education opportunities
- Exceptional study abroad opportunities
- Exposure to industry via guest speakers



SUPPORT SERVICES AVAILABLE FOR STUDENTS



- Dean of Students Office
- UNIV101 Campus Academic Mentors (CAMs)/ Academic Advisors
- Successful Student Program/Academic Outreach
- Tutor Assisted Study Groups/Individual Tutoring
- Chancellor's Office
- Residence Life Staff, including Resident Assistants (RAs)
- Many other offices, staff, and resources!



SUPPORT SERVICES AVAILABLE FOR STUDENTS (CONT.)



- Disability Support Services
- College Deans and Faculty
- Faculty Advisor
- Study Abroad & Global Engagement (SAGE)
- Career Counseling
- Records and Registration
- Financial Aid
- Women's & Diversity Center
- International Students (CIPS)
- Safety and Security Officers
- Athletic Director/Coaches
- Wellness Center – Health Service Professionals
- Personal Counselors
- Campus Ministry
- Club and Organization Advisors
- Fraternities/Sororities, Greek Advisors
- Student Government Association (SGA)
- Orientation Leaders



AXFAB Building



DEAN OF STUDENTS OFFICE CONTACT INFORMATION



Dean of Students

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Office Manager/Parent & Family Liaison

Sally Jackson
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Sally.Jackson@erau.edu



Haas Interfaith Chapel



TO GRADUATE IN FOUR YEARS: SIMPLE MATH



- In general, all non-Engineering degree programs are 120 credits
- For Engineering:
 - AE is 129 credits
 - ME is 129 credits
 - CE is 127 credits
 - EE is 127/128 credits

15 credits x 2 semesters = 30 credits per academic year
x 4 years = 120 credits



IMPORTANT TO BE INVOLVED

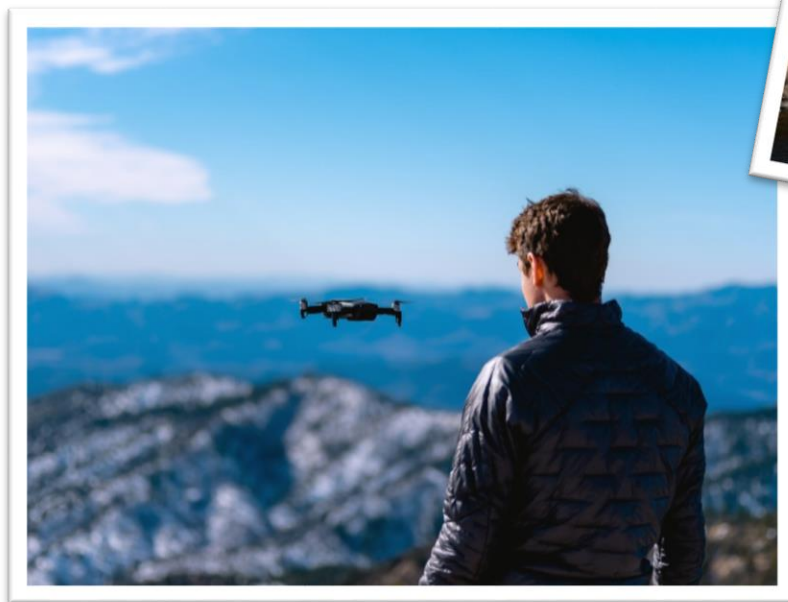


There are 168 hours in a week (7 days x 24 hours)

- 15 hours in class
- 30 hours study time (2 hours x 15 credits)
- 56 hours sleep (8 hours x 7 days)
- 15 hours meals

52 hours remaining. Encourage your student to get involved!





A WIDE VARIETY OF CAMPUS PROGRAMMING...



- All Campus BBQ
- Movies
- Intramural sports
- Club sports
- Fraternity/Sorority life
- Comedians
- Casino Night
- Hiking & Recreation
- Intercollegiate sports
- Dueling Pianos
- Industry/Career Expo
- Company presentations
- Special guest lectures
- Live bands
- Many clubs and organizations



PARENTS AND FAMILIES: TAKING CARE OF YOURSELVES



- Connect with other families
- Know that feelings of loss are common
- Fill your “parenting space” with personal interests
- Partnerships often gain strength
- Know you’ll still (possibly) face symptomatic anxiety and panic
- Texts, phone calls, video, and visits can create new connections
- Keep up with campus events – Horizons, Parent & Family Association Newsletter
- Writing and preparing packages may be therapeutic
- While you may lose a child/parent relationship, you gain a more adult parent/student relationship
- What about **YOUR** Bucket List?



PARENT & FAMILY ASSOCIATION: WE'RE HERE FOR YOU!



- Free!
- Liaison
- Newsletter
- Parent & Family Weekend – October 18-20, 2019
- Parent Advisory Board
- Website:
<https://prescott.erau.edu/parents-family>





HELPFUL WEBSITES

- www.erau.edu
- www.ed.gov Information about FERPA
- www.collegeparents.org
- www.erau.edu 2019-20 Student Handbook
- <http://prescott.erau.edu/campus-life/dean-of-students>
Dean of Students Office
- www.prescott.erau.edu/parents-family/
Parent & Family Website
- <http://prescott.erau.edu/campus-life/academic-calendar> Academic Calendar



PARENT & FAMILY WEBSITE INFORMATION



- Prescott Area Information/Lodging
- Directions to Campus
- Campus Map
- Campus and Online Bookstore
- Parent & Family Association
- FAQs For Parents & Families
- Parent & Family Weekend
- Academic Calendar
- Graduation
- Apply now!
- Estimated Costs
- Financial Aid and Scholarships
- Cashier and Online Payment
- EAGLEcard Deposit



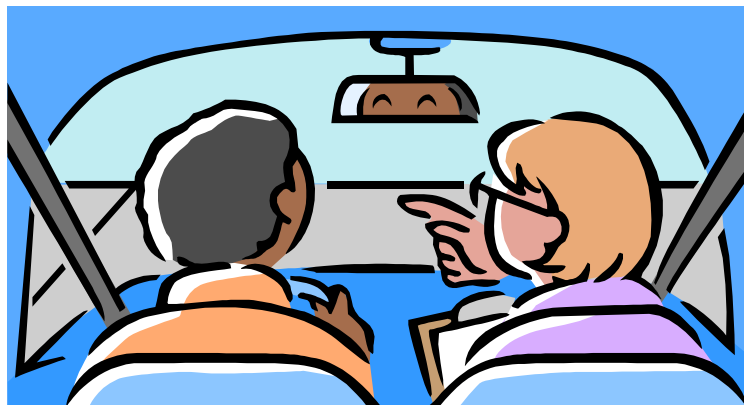


AC-1 & Granite Mountain

TOP 10 RECOMMENDATIONS FOR PARENTS AND FAMILIES



10. Provide support for your student – but do not pressure
9. **Enjoy the ride** – You got yourself some maturation goin' on here!





8. Call us if you are truly concerned

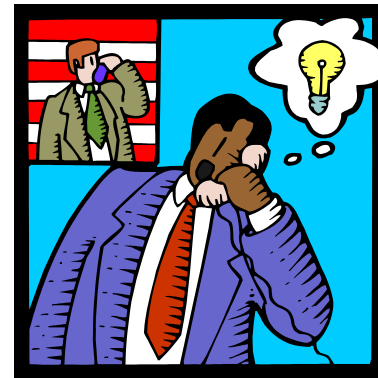


7. Keep in touch with your student – but don't over-communicate!





6. Offer suggestions, but empower your student to make decisions; suggest, don't solve



5. Have confidence in how well you've raised your son/daughter





4. Remember – you'll see high peaks and low valleys, provide the stability to help maintain an even keel
3. Encourage your son or daughter to **get involved** and become engaged in their educational experience!
2. Encourage your student to utilize the wide variety of resources available to them



AND THE #1 SUGGESTION:



1. SEND CARE PACKAGES!

Want them to reach out? Ask about the sure way to make it happen!





ADDITIONAL ADVICE FROM STUDENTS





Embry-Riddle Prescott Campus – Winter

YOUR HOMEWORK



- Write a letter – We'll deliver it!

Discuss with your student:

- FERPA
- Alcohol and drugs
- Healthy lifestyle choices and wellness
- Driving safety
- Money management

Let us know how we can help!



GRADUATION MAY 6, 2023

