WELCOME PARENTS AND GUESTS
FALL 2017 ORIENTATION
LARRY K. STEPHAN– DEAN OF STUDENTS
WHO LIVES CLOSEST TO WHERE I LIVED?

- Piqua, Ohio
- Boulder, Colorado
- Cobram, Victoria, Australia
- Prescott, Arizona
APPROXIMATE MILEAGE TO/FROM PRESCOTT, AZ

**America:**
- Phoenix: 100 miles
- San Diego: 280 miles
- Los Angeles: 316 miles
- San Francisco: 590 miles
- Portland: 930 miles
- Seattle: 1040 miles
- Chicago: 1449 miles
- New York: 1901 miles
- Honolulu: 2875 miles

**Abroad:**
- Brasilia, Brazil: 5480 miles
- Frankfurt, Germany: 5560 miles
- Rome, Italy: 6100 miles
- Hong Kong: 7450 miles
- Delhi, India: 8111 miles
- Riyadh, Saudi Arabia: 8197 miles
- Melbourne, Australia: 8240 miles
- Cape Town, S. Africa: 9623 miles
LETTING GO WHILE HOLDING ON:

A GUIDE FOR EFFECTIVE PARENTING OF TODAY'S COLLEGE STUDENT
To prepare you for what:
  - your son/daughter will be experiencing
  - you, as parents of a college student, are about to experience

Understand Team Relationship between:
  - Your student
  - You as Parents
  - The ERAU Staff/Faculty
PROCESS OF LETTING GO...

- No guidelines
- Range of parental reactions
- Want us when they want us
- Conflicting feelings
- Boundary ambiguity
- Expectations large scale and grandiose
- Shared hopes and goals; nature of success and self-reliance often different
PROCESS OF LETTING GO...

- Feelings of dislocation and loss
- Time of transition for students and parents
- Better prepared because you have:
  - An awareness of what to expect
  - The insight that what you are experiencing is shared by most parents and students
  - Information about what assistance is available to your student – AND YOU
NOTION OF WHAT CONSTITUTES SUCCESS/SELF-RELIANCE

- Although the goal of independence is valued, the actual steps toward independence are likely to make some parents nervous.
- Intellectual exploration tends to threaten established family values and ideas about life’s meanings.
- Sudden shifts in behavior and attitudes are confusing.
- Students often complain to their peers, and occasionally to university mentors, about pressures, misunderstandings, and their longing for their parents to accept them as separate adults.
Growing up is a **process**, **not** an event.

~Paul B. Jamison

You know your children are growing up when they stop asking you where they came from and refuse to tell you where they're going.

~P. J. O'Rourke
SOME THINGS CHANGE: COLLEGE LIFE TODAY

- Move Away From “In Loco Parentis”
- 18 Year Olds are Adults - Environment
- Family Educational Rights and Privacy Act
  - (FERPA - Buckley Amendment)
  - Restricts Access to Non-Directory Information
- College Campuses Mirror Issues of Society
- Clery Act, Title IX
WHAT'S ON MY MIND...
CRITICAL ISSUES

- TIME MANAGEMENT
- ROOMMATE ISSUES
- ACADEMIC PERFORMANCE
- FINANCIAL OBLIGATIONS
- PERSONAL HEALTH
- ALCOHOL
- SEXUAL MISCONDUCT
- DRIVING SAFETY
MINIMIZING COSTS OF ATTENDANCE

- Identify “Needs” vs. “Wants”
- Borrow only enough to cover necessities
  - Borrow only what you are willing to repay over the next 10-15 years:
  - Graduate in the least amount of time
  - Consider summer term attendance and/or online courses
# Financial Needs vs. Wants

<table>
<thead>
<tr>
<th>Needs</th>
<th>Wants</th>
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<tbody>
<tr>
<td>Needs for everyday living and goal attainment</td>
<td>Wait until after graduation and a job</td>
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<tr>
<td>1. Everyday “student” needs – not wants</td>
<td>Avoid Excessive:</td>
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<tr>
<td>2. Educational Costs (Tuition and Fees)</td>
<td>1. Trips home or costly destinations (Vegas)</td>
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<tr>
<td>3. Housing</td>
<td>2. Meals out at local restaurants</td>
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<tr>
<td>4. Food</td>
<td>3. Minimize credit card interest</td>
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<tr>
<td>5. Transportation (minimal)</td>
<td>4. Use of online subscriptions or other services that cost $$$</td>
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<tr>
<td>6. Moderate Entertainment</td>
<td>5. Watch big purchases – big screen TV</td>
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RESIDENCE HALL LIVING

- Most students are experiencing roommates for the first time in their lives!
SO MANY OPPORTUNITIES THAT SUPPORT ACADEMIC SUCCESS:

- Small class size
- World renowned faculty with real experience in industry
- Access to faculty during office hours
- Motivated peers
- Excellent academic resources
- Academic advisors/course planning
- Free tutoring available
- Internships & Cooperative Education opportunities
- Exceptional Study Abroad opportunities
- Exposure to industry via guest speakers
SUPPORT SERVICES AVAILABLE FOR STUDENTS

- UNIV101 Campus Academic Mentors (CAMs)/Academic Advisors
- Successful Student Program/Academic Outreach
- Tutor Assisted Study Groups/Individual Tutoring
- Chancellor’s Office
- Dean of Students Office
- Residence Life Staff
  - Resident Assistants (RA’s)
SUPPORT SERVICES AVAILABLE FOR STUDENTS (CONT.)

- Disability Support Services
- College Deans and Faculty
- Faculty Advisor
- Study Abroad
- Career Counseling
- Records and Registration
- Financial Aid
- Women’s & Diversity Center
- International Students (CIPS) Director
- Safety and Security Officers
- Athletic Director/Coaches
- Wellness Center – Health Service Professionals
- Personal Counselors
- Campus Ministry
- Club and Organization Advisors
- Fraternities/Sororities – Greek Advisors
- Student Government Association Members
- Orientation Leaders
DEAN OF STUDENTS CONTACT INFORMATION

- **DEAN OF STUDENTS**
  Larry K. Stephan  
  928-777-3770 (office)  928-533-5255 (cell)  
  [stephan@erau.edu](mailto:stephan@erau.edu)

- **ASSOCIATE DEAN OF STUDENTS/ TITLE IX COORDINATOR**
  Elizabeth “Liz” Higgins-Frost  
  928-777-3747 (office)  928-830-6555 (cell)  
  [froste@erau.edu](mailto:froste@erau.edu)

- **OFFICE MANAGER/PARENT’S LIASION**
  Sally Jackson  
  928-777-3879 (office)  
  [sally.jackson@erau.edu](mailto:sally.jackson@erau.edu)
In general, all non-Engineering degree programs are 120 credits.

For Engineering:
- AE is 129 credits
- ME is 129 credits
- CE is 127 credits
- EE is 127/128 credits

- 15 credits x 2 semesters
- an academic year x 4 years = 120 credits
IMPORTANT TO BE INVOLVED

- 168 Hours per week (7 x 24)
- 15 hours in class
- 30 hours study time (2 x 15)
- 56 hours sleep (8 x 7)
- 15 hours meals
- 52 hours remaining to GET INVOLVED!
A WIDE VARIETY OF PROGRAMMING...

- All Campus BBQ
- Movies
- Intramural Sports
- Club Sports
- Fraternity/Sorority Life
- Astro-Physics Colloquiums
- National Security and Intelligence Symposium
- Comedians
- Intercollegiate Sports
- Hypnotist
- Carpe Noctum
- Sports Trivia contest
- Dueling Pianos
- Industry Career Expo Company Presentations
- Live bands
- Variety of Clubs and Organizations
HOMECOMING - OCTOBERWEST 2017
OCTOBER 6-8, 2017

PARENT’S WEEKEND
OCTOBER 27 & 28, 2017
PARENTS: TAKING CARE OF YOURSELVES

- Connect with other parents
- Know that feelings of loss are common
- Fill your “parenting space” with personal interests
- Partnerships often gain strength
- Know you’ll still (possibly) face symptomatic anxiety and panic
- Texts, phone calls, Skype & visits can connect all parties involved
- Keep up with events at school – on line, Horizons, Parent Association
- Often times, writing and preparing packages are therapeutic
- While you may lose a child/parent relationship, you gain a more adult parent/student relationship

What about YOUR Bucket List?
HELPFUL WEBSITES

- www.erau.edu
- www.ed.gov  FERPA information
- www.collegeparents.com
- www.erau.edu  2016-17 Student Handbook
- www.prescott.erau.edu.dos  Dean of Students Office
- www.prescott.erau.edu/parents-family/  Parents Website
- www.calendar.erau.edu/prescott/main/  Academic Calendar
PARENT’S WEBSITE INFORMATION

- Prescott Area Information/Lodging
- Directions to Campus
- Campus Map
- Campus Directory
- Campus and Online Bookstore
- Join the Parents Association
- Community Outreach
- IMPORTANT DATES

- Graduation
- Events Calendar
- 2017-18 Academic Calendar
- 2018-19 Academic Calendar
- Apply Now
- Estimated Costs
- Financial Aid and Scholarships
- Cashier and Online Payment
- EAGLEcard Deposit
10. Provide support for your student – but do not pressure.

9. **Enjoy the ride** – you got yourself some maturation goin’ on here!
8. CALL US IF YOU ARE TRULY CONCERNED.

7. Keep in touch – but do not over communicate!
6. Offer suggestions, but **empower** your student to make decisions – suggest, don’t solve.

5. Have confidence in how well you’ve raised your son/daughter.
4. Remember – you’ll see high peaks and low valleys, provide the stability to help maintain even keel.

3. Encourage your son or daughter to GET INVOLVED!

2. Encourage your student to utilize the wide variety of resources available to them.
AND THE NUMBER 1 SUGGESTION:

1. SEND CARE PACKAGES!
YOUR HOMEWORK AS PARENTS

- WRITE A LETTER
- DISCUSS FERPA
- DISCUSS DRINKING IN COLLEGE
- DISCUSS DRIVING SAFETY
- DRUGS
- DISCUSS MONEY MANAGEMENT
- WRITE YOUR QUESTIONS – SEE OR CALL US
GRADUATION 2 MAY 2020
A PROUD AND HAPPY ERAU FAMILY AT GRADUATION!