





LETTING GO WHILE HOLDING ON:

A Guide for Effective Parent and Family Support for Your Embry-Riddle Student



GOALS

To prepare you for:

- What your student will be experiencing
- What you, as a parent or family member of a college student, are about to experience

To understand the team relationship between:

- Your student
- You, as parents, families, and support people
- The Embry-Riddle staff and faculty





TRANSITIONS AND LETTING GO...



- No guidelines
- Range of reactions
- They want us when they want us
- Conflicting feelings
- Boundary ambiguity
- Expectations: Can be large-scale and grandiose
- Views of self-reliance and the nature of success are often different



TRANSTIONS AND LETTING GO...



- Potential feelings of disorientation and loss
- Time of transition for students, parents, and families
- You can be better prepared because you have:
 - An awareness of what to expect
 - The insight that what you are experiencing is shared by most students, parents, and families
 - Information about what assistance is available to your student – and you





REMIND YOURSELF...

"Growing up is a process, not an event."

~ Paul B. Jamison

"You know your children are growing up when they stop asking you where they came from and refuse to tell you where they're going."

~ P. J. O'Rourke



Village Complex



COLLEGE LIFE TODAY



- Philosophy: 18-year-olds are adults
- Family Educational Rights and Privacy Act (FERPA)
 - Privacy of student records; restricts access to non-directory information
- College campuses mirror issues of society
- Clery Act, Title IX, increased federal and state regulation and expectations of higher education



CRITICAL ISSUES



- Time management
- Roommate issues
- Academic performance
- Financial obligations and money management
- Personal health and wellness
- Alcohol and other drugs
- Healthy relationships and sexual misconduct
- Driving safety





SUPPORT SERVICES AVAILABLE FOR STUDENTS



- Dean of Students Office
- UNIV101 Campus Academic Mentors (CAMs)/ Academic Advisors
- Successful Student Program/Academic Outreach
- Tutor Assisted Study Groups/Individual Tutoring
- Chancellor's Office
- Residence Life Staff, including Resident Assistants (RAs)
- Many other offices, staff, and resources!



SUPPORT SERVICES AVAILABLE FOR STUDENTS (CONT.)



- Disability Support Services
- College Deans and Faculty
- Faculty Advisor
- Study Abroad & Global Engagement (SAGE)
- Career Counseling
- Records and Registration
- Financial Aid
- Women's & Diversity Center
- International Students (CIPS)
- Safety and Security Officers

- Athletic Director/Coaches
- Wellness Center Health Service Professionals
- Personal Counselors
- Campus Ministry
- Club and Organization Advisors
- Fraternities/Sororities, Greek Advisors
- Student Government Association (SGA)
- Orientation Leaders



DEAN OF STUDENTS OFFICE CONTACT INFORMATION



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PARENT & FAMILY ASSOCIATION: WE'RE HERE FOR YOU!



- Free!
- Liaison
- Newsletter
- Parent & Family Weekend October 18-20, 2019
- Parent Advisory Board
- Website: https://prescott.erau.edu/parents-family



HELPFUL WEBSITES



- www.erau.edu
- www.ed.gov Information about FERPA
- www.collegeparents.org
- www.erau.edu 2019-20 Student Handbook
- http://prescott.erau.edu/campus-life/dean-of-students
 Dean of Students Office
- www.prescott.erau.edu/parents-family/
 Parent & Family Website
- http://prescott.erau.edu/campus-life/academiccalendar Academic Calendar







Call us if you are truly concerned







ADDITIONAL ADVICE FROM STUDENTS



GRADUATION!!





